

# U.S. Department of Labor Reminds Specific Employers to Submit Required 2021 Injuries

*Illness data must be submitted by March 2, 2022.* •By Shereen Hashem, www.ohsonline.com

The U.S. Department of Labor's OSHA reminds employers that the agency began collecting calendar year 2021 Form 300A data on January 2, 2022. Employers must submit the form electronically by March 2, 2022. According to a press release, electronic submissions are required by establishments with 250 or more employees currently required to keep OSHA injury and illness records, and establishments with 20-249 employees classified in specific industries with historically high rates of occupational injuries and illnesses.

Visit *https://www.osha.gov/injuryreporting/* for more information.



## from the desk of DR. CHARLES H. BAKER Chief Operations Officer



Welcome to the January 2022 World Safety Organization Newsletter. First, to each of you a Happy New Year and I hope the transition to the New Year was pleasant and safe. I know also that each of you has big plans for the 2022 year.

The past several years have challenged those of us in the safety profession. The virus has been with us for the last several years and appears to be staying with us for the foreseeable future. There are a lot of safety issues surrounding the virus and we hope each of us have and continue to be able to navigate these issues safely and successfully. I know this will continue.

We all set goals for the new year. World Safety has set goals for achieving increases in the number of members and certifications. As an organization we want to continue to grow and serve our membership base. Along these lines I want to remind you of our ICAC accreditation that lends credibility and professionalism to our certifications. Keep this in mind as you ask other associates and co-workers to join World Safety Organization and become a certified member.

We are constantly trying to improve services to our members. If you any have questions or need assistance resolving an issue, please let Wanda or Stephanie at the WMC know so they may assist you as needed.

Happy New Year and thank you for being a WSO member!!!!



Do you blog?

Do you write articles for your company's newsletter?

Do you have relevant information to share?

Did your company or agency sponsor a special safetyfocused event?

## Does your company or agency have an upcoming safety-focused event you wish to promote?

If so, we would love to feature your content in a future WSO NewsLetter or TechLetter!

Just email your article/ blog, author(s) byline, brief bio, and photo to us: editorialstaff@worldsafety.org

Please request a publication release form if required by your employer or co-author(s). Authors/ Companies will maintain all proprietary rights, and WSO will state where the original content was posted or published, if applicable.

CHB

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January 2022

### WITA

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#### WSO Indonesia <sup>mengucapkan</sup> Selamat dan Sukses PT Target Kelola Securindo

atas penghargaan WSO Concerned Company Award dari World Safety Organization (WSO) Indonesia



WSO Indonesia

With

Selamat dan Sukses PT Waskita Karya (Persero) Tbk - EPC Division

WSO Concerned Company Award dari World Safety Organization (WSO) International



WSO Indonesia

WSOL

#### Selamat dan Sukses PT Waskita Toll Road

atas penghargaan WSO Concerned Company Award dari World Safety Organization (WSO) Indonesia



### WITA

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### SCOTT'S SAFETY SHARE : Basic LADDER SAFETY

#### Submitted by Scott Masters, WSO-CSM; Contract Employee, Construction Lead Safety Specialist, Alliant Corporation; Tennessee and South Carolina USA

Ladders are tools. Many of the basic safety rules that apply to most tools also apply to the safe use of a ladder:

If you feel tired or dizzy, or are prone to losing your balance, stay off the ladder.

Do not use ladders in high winds or storms.

Wear clean slip-resistant shoes. Shoes with leather soles are not appropriate for ladder use since they are not considered sufficiently slip resistant.

Before using a ladder, inspect it to confirm it is in good working condition. Ladders with loose or missing parts must be rejected. Rickety ladders that sway or lean to the side must be rejected.

The ladder you select must be the right size for the job. The Duty Rating of the ladder must be greater than the total weight of the climber, tools, supplies, and other objects placed upon the ladder. The length of the ladder must be sufficient so that the climber does not have to stand on the top rung or step.

When the ladder is set-up for use, it must be placed on firm level ground and without any type of slippery condition present at either the base or top support points.

Only one person at a time is permitted on a ladder unless the ladder is specifically designed for more than one climber (such as a Trestle Ladder).

Ladders must not be placed in front of closed doors that can open toward the ladder. The door must be blocked open, locked, or guarded.

Read the safety information labels on the ladder. The onproduct safety information is specific to the ladder on which it appears. The climber is not considered qualified or adequately trained to use the ladder until familiar with this information.

#### The Three Point-of-Contact Climb

Factors contributing to falls from ladders include haste, sudden movement, lack of attention, the condition of the ladder (worn or damaged), the user's age or physical condition, or both, and the user's footwear. Although the user's weight or size typically does not increase the likelihood of a fall, improper climbing posture creates user clumsiness and may cause falls. Reduce your chances of falling during the climb by:

wearing slip-resistant shoes with heavy soles to prevent foot fatigue.

cleaning the soles of shoes to maximize traction.

using towlines, a tool belt or an assistant to convey materials so that the climber's hands are free when climbing.

climbing slowly and deliberately while avoiding sudden movements.

never attempting to move a ladder while standing on it.

keeping the center of your belt buckle (stomach) between the ladder side rails when climbing and while working. Do not overreach or lean while working so that you don't fall off the ladder sideways or pull the ladder over sideways while standing on it.

When climbing a ladder, it is safest to utilize Three Pointsof-Contact because it minimizes the chances of slipping and falling from the ladder. At all times during ascent, descent, and working, the climber must face the ladder and have two hands and one foot, or two feet and one hand in contact with the ladder steps, rungs and/or side rails. In this way, the climber is not likely to become unstable in the event one limb slips during the climb. It is important to note that the climber must not carry any objects in either hand that can interfere with a firm grip on the ladder. Otherwise, Three Points-of-Contact with the ladder cannot be adequately maintained and the chance of falling is increased in the event a hand or foot slip occurs.



EVERYONE, EVERYWHERE, EVERY DAY; SAFE HOME



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# WSO Offers a Professional Membership Level

Being acknowledged as a Professional Member of a safety organization based upon one's education, years of knowledge, and experience in the Safety field is a goal for many to achieve. Not everyone has the college or university degree that is sometimes required to compete for an advanced level Occupational Safety Certification. Not everyone enjoys the Classroom environment of classroom training and potentially taking the computer-type exam, which does not always show one's true abilities in safety management and/or practice. There are many Safety Directors, Safety Coordinators, and Safety Specialists in the safety arena who have many years of experience but lack the mathematical expertise to pass a specific safety certification exam. However, by a submission of one's work/career credentials, résumé, professional references, safety seminar certificates, safety education, and several testimonies from peers showing his/ her elite level, safety practitioners and professionals can become a WSO Professional Member upon verification and approval. This membership level gives one a great opportunity to continue to gain knowledge as a member of the WSO, network with and learn from other members, and attend our annual Symposium featuring world-class safety professionals from around the world presenting various types of safety modules.



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